

# Youth session timetable 2026

## Mon

### Upgrade Yourself

4pm–6pm  
Term time only  
10–18 years (Yr 6+)

A tailored tutoring session where you can receive support on homework, exams, or topics you would like help with at school. **NC.**

### Young Leaders

6pm–7pm  
Term time only  
12–18 years

A youth-led space for young people to meet new people, network, learn and have fun. Help organise community events, take part in enterprise projects, and enjoy fun day trips. **NC.**

## Tue

### Girls Club

4.30pm–7pm  
Term time only  
12–16 years

Girls club is an inclusive session where young women can make friends, go on trips, explore their hobbies and support one another in a welcoming and friendly environment. **CC.**



## Wed

### Upgrade Yourself

5pm–6pm  
Term time only  
10–18 years (Yr 6+)

An online tutoring session where you can receive support on homework, exams, or topics you would like help with at school. **Online.**



## Thu

### Youth Night

4.30pm–6pm  
8–14 yrs  
Term time only

Youth Night offers a safe and inclusive space for 8–14 year-olds to have fun, make friends and be themselves. Join us and take part in a mix of sports and wellness activities. **CC.**

### Girls Gym

4.30pm–5.30pm  
Term time only  
14–18 years

Girls Gym is run by our qualified coaches at the Colombo Centre Gym who teach you how to use equipment, guide your training and help you get comfortable with weights. **CC.**

## Fri

### Youth Gym

5pm–7pm  
14–18 years

Get advice on fitness, exercise and using gym equipment effectively. The weekly sessions are led by a qualified gym instructor, accompanied by Coin Street youth workers. **CC.**



## Sat

### Youth Football

2pm–5pm  
13–18 years

Get involved with our weekend youth football and gym, led by professional and qualified coaches. These football sessions are open to players of all abilities, including beginners. **CC.**

### Youth Gym

2pm–4pm  
14–18 years

Get advice on fitness, exercise and using gym equipment effectively. The weekly sessions are led by a qualified gym instructor and accompanied by Coin Street youth workers. Young people can use a wide range of newly installed equipment. **CC.**

## Sun

### Youth Football

2pm–5pm  
13–18 years

Same as Saturday's session. **CC.**

### Youth Gym

2pm–4pm  
14–18 years

Same as Saturday's session. **CC.**



## Want to make a difference in your community?

Get involved by volunteering at one of our regular activities or one-off-events. Email us at [volunteering@coinstreet.org](mailto:volunteering@coinstreet.org) to learn more.


Youth and community sessions are free or low cost thanks to the generosity of funders and donors. If you would like to donate, scan the QR code.



Please email: [community@coinstreet.org](mailto:community@coinstreet.org) to register for sessions.

All sessions are free! Please email for more information.

Find out more:  
[community@coinstreet.org](mailto:community@coinstreet.org)  
020 7021 1600  
[coinstreet.org/whats-on](https://www.coinstreet.org/whats-on)

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 Coin Street

Key:  
**NC:** Coin Street neighbourhood centre, SE1 9NH  
**CC:** Colombo Centre, SE1 8DP

Participants must contact us before attending a session in order to register and book their place. Priority is given to local residents.