Youth and Community Session Timetable 2025

Participants must contact us before attending a session in order to register and book their place. Priority is given to local residents.

Coin Street

Monday

Upgrade Yourself

4-6pm Term time only **Coin Street** neighbourhood centre.

Young people 10-18 years (Y6 and above).

Free



Young Leaders

6-7pm Term time only **Coin Street** neighbourhood centre. Young people 12-18

years.

Free

Please email: community@coinstreet.org to register for sessions.

Tuesday

Dancercise

10-11am Colombo Centre 50 years+.

£3

Shake Your

Groove! **Dance with Jreena Green**

11.30am-12.30pm **Coiombo Centre** Free

Gentle Gardenina

11.30am-2pm **Bernie Spain Gardens** 18 years+. Free

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Coin Street

020 7021 1600

Visit our website:

Contact us to find out more:

community@coinstreet.org

coinstreet.org/whats-on

Wednesday

Uparade Yourself

Free

5-6pm Term time only Online Young people 10-18 vears (Y6 and above).



Thursday

Coffee Morning

11am-1pm **Colombo Centre** All ages. Free

Gym 'n' Juice

1.30pm-2.30pm Colombo Centre Women of all ages Free

Youth Night

4.30pm-6pm 8-13 yrs 4.30pm-7pm 14-16 yrs Term time only Colombo Centre 8-16 vears Free

Community Singing

6.15pm-7.30pm **Term time only** Coin Street neighbourhood centre 18+ years.

Friday

Over 50s **Art Group**

llam-lpm **Fortniahtly Coin Street** neighbourhood centre 50 years+.

£3 optional.

Youth Gym

5pm-7pm Colombo Centre Young people 14-18 years. Free

Saturday

Feel Good Saturday

11am-2pm Colombo Centre 50 years+. Free.

Over 50s **Dance with** Rambert

2.30pm-3.30pm Term time only Colombo Centre 50 years +. £3

Girls Gym

3pm-4pm **Colombo Centre** 14-17 years. Free.

Youth Football

3pm-7pm **Colombo Centre** Young people 14-18 vears. Free

Sign up to our youth and community newsletter for weekly updates

Sunday

Youth Gym

4pm-5pm Colombo Centre Young people 13-18 years. Free

Youth Football

4pm-7pm Colombo Centre Invite only Young people 13-18 vears.





Free

Coin Street neighbourhood centre, 108 Stamford Street, London SE1 9NH Colombo Centre, 34-68 Colombo Street, London SE1 8DP Bernie Spain Gardens, Stamford Street, London SE1 9PH Archbishop's Park, Carlisle Lane, London SE1 7LE