

# Youth and Community Session Timetable 2025

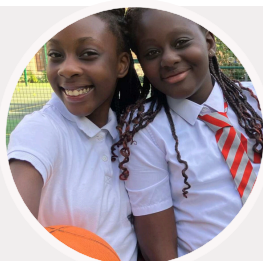
Participants must contact us before attending a session in order to register and book their place. Priority is given to local residents.

# Coin Street

## Monday

### Upgrade Yourself

4-6pm  
Term time only  
Coin Street neighbourhood centre.  
Young people 10-18 years (Y6 and above).  
Free



### Young Leaders

6-7pm  
Term time only  
Coin Street neighbourhood centre.  
Young people 12-18 years.  
Free

## Tuesday

### Dancercise

10-11am  
Colombo Centre  
50 years+.  
£3

### Shake Your Groove!

Dance with Jreena Green  
11.30am-12.30pm  
Colombo Centre  
Free

### Gentle Gardening

11.30am-2pm  
Bernie Spain Gardens  
18 years+.  
Free



## Wednesday

### Upgrade Yourself

5-6pm  
Term time only  
Online  
Young people 10-18 years (Y6 and above).  
Free

## Thursday

### Coffee Morning

11am-1pm  
Colombo Centre  
All ages.  
Free

### Gym 'n' Juice

1.30pm-2.30pm  
Colombo Centre  
Women of all ages  
Free

### Youth Night

4.30pm-6pm 8-13 yrs  
4.30pm-7pm 14-16 yrs  
Term time only  
Colombo Centre  
8-16 years  
Free

### Community Singing

6.15pm-7.30pm  
Term time only  
Coin Street neighbourhood centre  
18+ years.  
Free

## Friday

### Over 50s Art Group

11am-1pm  
Fortnightly  
Coin Street neighbourhood centre  
50 years+.  
£3 optional.

### Youth Gym

5pm-7pm  
Colombo Centre  
Young people 14-18 years.  
Free

## Saturday

### Feel Good Saturday

11am-2pm  
Colombo Centre  
50 years+.  
Free.

### Over 50s Dance with Rambert

2.30pm-3.30pm  
Term time only  
Colombo Centre  
50 years +.  
£3

### Girls Gym

3pm-4pm  
Colombo Centre  
14-17 years.  
Free.

### Youth Football

3pm-7pm  
Colombo Centre  
Young people 14-18 years.  
Free

## Sunday

### Youth Gym

4pm-5pm  
Colombo Centre  
Young people 13-18 years.  
Free

### Youth Football

4pm-7pm  
Colombo Centre  
Invite only  
Young people 13-18 years.  
Free



Scan here to register now

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Coin Street

Contact us to find out more:  
[community@coinstreet.org](mailto:community@coinstreet.org)  
020 7021 1600

Visit our website:  
[coinstreet.org/whats-on](https://coinstreet.org/whats-on)

#### Locations:

Coin Street neighbourhood centre, 108 Stamford Street, London SE1 9NH  
Colombo Centre, 34-68 Colombo Street, London SE1 8DP  
Bernie Spain Gardens, Stamford Street, London SE1 9PH  
Archbishop's Park, Carlisle Lane, London SE1 7LE

Sign up to our youth and community newsletter for weekly updates

