

Coin Street Family and Children's Centre

Session Timetable Term Term 2023

Monday

Out & About Sessions

11.30am-1.30pm

Join us for a relaxing and fun walk to explore child friendly spaces in our community, meet with other parents/carers, enjoy the fresh air and take part in our interactive story time.

Early Years 1-2-1 Sessions

Throughout the week we offer advice or guidance on parenting and child development as well as support with routines, boundaries, sleep, speech and language, nutrition, 2-3 education offers, and school readiness. Please talk to our Early Years educators for more information

Tuesday

Babies Stay & Play

10am-11:30am

This session provides fun and stimulating activities like sensory play, song and rhymes, heuristic play in an informal and relaxing environment. The session is also a great opportunity to meet and share experiences with other parents/carers.

Open to families with babies aged 0-12 months

Breastfeeding Counselling Session

1pm-3pm

South East London branch of La Leche League invites you to an informal discussion covering breastfeeding, starting solids, nutrition and more. Babies and children are always welcome.

Please text Maria Yashova on 07811825107 to book

Wednesday

Wednesday Targeted Session

10am-11.30pm

This informative session will have different topics for parents/carers to pick up tips and advice on how to support your child's learning and development. invite only session. For more information please contact via the email address below.

Healthy Movers

Marlborough Sports Garden
27 Union Street, SE1 1NJ

10am-12pm

19 & 26 April

17 & 24 May

14 & 21 June

12 & 19 July

Join our fun activities while supporting your child's physical development and promoting their self-esteem and wellbeing. For more information please contact via the email address below.

Thursday

Feel Good Session

12:30-2:30pm

Fun activities for 0-5 year olds to build parent and child relationships, confidence, and self-esteem, helping little ones find ways to handle stress, feel good and relax. For more information please contact via the email below!

Friday

Stay & Play

10am-11:30am

This session provides high quality and stimulating activities like messy play, music, storytelling, role play, etc. designed to encourage interaction between adults and children in an informal and relaxing environment. You will also meet other parents/cares, share experiences and learn about other activities or services available for your child. Open to all!



For more information about our sessions and services please contact:

f.centreenquiries@coinstreet.org

Or visit our website:

www.coinstreet.org/community/families-and-children

Call us on 02070211600

Most sessions take place at:

Coin Street Neighbourhood Centre
108 Stamford Street
London SE1 9NH

Scan here to register online!

