Coin Street's Youth and Community Programmes

Sports | Arts & culture | Dance | Training | Gardening | Fitness | Wellbeing | Enterprise and employment support | Youth club | Community days | Senior activities

For everyone in our community

FROM APRIL 2018

RAMBERT

Colombo Centre
fitness & friendship in SE1

Coin Street
community builders

Timetable of activities

Mondays	**Jazz Dance** *10-11am, Colombo Centre, £2* For over 50s. A great way to keep fit and learn some new moves.	**Junior Football** *4.30-6pm, Hatfields outdoor pitch 2, free* For young people aged 10-14 who would like to learn more about football and progress their skills with DBS checked and FA qualified coaches. Sessions are run in partnership with Waterloo FC.	**Upgrade Yourself** *5-8pm, Coin Street neighbourhood centre, free* Enterprise and employment advice sessions for 16-30 year olds, plus homework support. Sessions cover volunteering, mentoring, debates, workshops, enterprise and career development.
Tuesdays	**Dance Aerobics** *10.30-11.30am, Colombo Centre, £2* Low-impact class for over 60s. Perfect for improving fitness and flexibility.	**Gentle Gardening** *Meet at Colombo Centre, 11.30am-2pm, free* All ages are welcome at our weekly gardening sessions. Meet new people, learn about growing vegetables, herbs and plants and share healthy food with a free lunch. Gardening activities take place in local green spaces as well as regular trips, talks and walks to gardens and places of interest.	

Thursdays	**Dance aerobics** *10-11am, Colombo Centre, £2* Low-impact class for over 60s. Perfect for improving fitness and flexibility.	**Coffee Mornings** *11am-1pm, Colombo Centre, free* Open to all ages. Meet the Youth & Community Programmes team and other people for a friendly chat.	**Youth Club** *4-7.30pm, Colombo Centre, free, (term-time only)* A great opportunity for young people aged 8-12 years to take part in exciting youth-led activities including art, cooking and games.	**Youth Football** *7.30-9pm, Hatfields outdoor pitches, free* 15-18 years

Fridays	**Art club** *Fortnightly, 11am-1pm & 2-4pm, Coin Street neighbourhood centre, £2* Let your creativity flow at our fortnightly art sessions for over 50s led by a professional artist.	**Crafts Club** *Fortnightly, 2-4pm* *Coin Street neighbourhood centre, £2* Informal fortnightly arts and craft sessions for over 50s. Bring your crafts with you, meet new friends and learn new creative skills.	**Fitness Friday - Youth Gym & Circuit Training** *5.30-7.30pm, Colombo Centre, free, (term-time only)* Youth fitness activities for 12-21 year olds, enabling young people to access advice on fitness, enjoy exercise and understand how to use gym equipment effectively.
Saturdays	**Feel Good Saturday** *11am-2pm, Colombo Centre, £2* Join us for our new Feel Good Club every Saturday for over 50s. Take part in fitness and wellbeing sessions plus enjoy a healthy lunch.		
Sundays	**Family Fitness & Fun** *10.30am-1.15pm, Colombo Centre and Hatfield Pitches, £2 donation* Fun and creative sessions for all the family. Children aged 5-10 years can take part in a choice of contemporary dance classes with Rambert or football sessions. Whilst the kids are taking part in their activity grown-ups are free to pop into the gym for a workout, take part in arts and craft in the Community Room or just enjoy a cuppa and a chat with other local families.		

LOOK OUT FOR

Community Days
Coin Street organises regular fun-filled Community Days throughout the year, open to all.

Holiday Clubs
We run holiday clubs for local children outside of term-time, packed full of fun activities to keep kids busy.

Young at Heart Boat Party
Thursday 9 August 2018, 1-5pm, £6
Boat party for local seniors. Includes a welcome drink, cruise and entertainment.

Community Choir
Are you interested in joining a community choir? Contact Natalie, n.bell@coinstreet.org

Rambert Dance
We work in partnership with Rambert to enable local people to access dance and fitness classes at a reduced rate and via local schools.

Family & Children's Centre
We run a children's nursery, a holiday play scheme during school holidays and family support sessions for local families. For more information call us on 020 7021 1600 or email helpdesk@coinstreet.org

Contact us
For more information about our services or how you can get involved contact our friendly Youth and Community Programmes team on 020 7021 1600 or email helpdesk@coinstreet.org

MEET THE TEAM

Sport and wellbeing at the Colombo Centre
Dan, 07946 132 675, d.gibbs@coinstreet.org

Youth and adult programmes
Anna, 07827 242 411, a.glarin@coinstreet.org

Community champions and volunteering
Laura, 07557 740 442, l.reynolds@coinstreet.org

Training, enterprise and employment advice
Harjinder, 07739 526 606, h.nijjar@coinstreet

Gardening
Natalie, (via Laura on 07557 740 442) n.mady@coinstreet.org

FIND US

Coin Street neighbourhood centre, 108 Stamford Street, London SE1 9NH
Colombo Centre, 34-68 Colombo Street, London SE1 8DP
Hatfield Pitches, next to Colombo Centre

020 7021 1600 | www.coinstreet.org | Twitter & Facebook: @CoinStreet

Creating an inspirational neighbourhood

We run FREE and affordable events and activities across the community. As a social enterprise, income generated from our commercial activities stays in the neighbourhood and is used to fund our services and look after our site, including Bernie Spain Gardens and the Riverside Walkway.

Coin Street
community builders